

GUARANTEED RESULTS 

GROUP RIDE™



"Before BTS I only looked at Group Fitness as an expensive amenity. After experiencing a 44% increase in participation after only eight months with BTS, we have plans to expand our Poughkeepsie club by adding a state of the art, huge 4,000 sq ft Group Fitness room. We are on track to almost double our Group Fitness participation in our first year with only three programs and look forward to the impact on our business when we become a BTS Platinum Elite facility running all programs. Thanks BTS for teaching an "old dog" some very profitable new tricks."

*Mike Arteaga
Owner, All Sport*

BTS puts it all together into a carefully designed System of management, training, programming and marketing that delivers results to clubs. With a **90 day money back guarantee**, you have nothing to lose and everything to gain!

To learn more call **1-800-729-7837 x230**
or visit **www.bodytrainingsystems.com**

bodytraining
systems 